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Office of Nutritional Products  
Labeling & Dietary Supplements  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
5100 Paint Branch Parkway  
College Park, MD 20740-3835

April 4, 2005

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Dear Sir or Madam:

This letter will serve as a 30-day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Met-Rx® Energy Xtreme Lean™ supplements under one or more of the following brand names: American Health, Bioenergy Nutrients, Body Fortress, CVS, Dollar General, Duane Reade, Giant Eagle, Good 'N Natural, Health's Finest, Heartland, HealthSmart Vitamins, HealthWatchers, Kaiser Permanente, Life's Finest, Major, Met-Rx, Natural Wealth, Naturalist, Nature's Bounty, Nutrition Headquarters, Nutrition Warehouse, PhysioLogics, Precision Engineered, Puritan's Pride, Radiance, Rexall, Sam's Club, Shoprite, Sundown, Target, US Nutrition, Vibrant Health, Vitamin World, Walgreens, Walmart and WorldWide Sports:

**Ingredients:** Glycerin, L-Arginine, Caffeine, L-Arginine Alpha- Ketoglutarate

- Provides Energy
- Supports Weight Loss Goals
- Boosts Metabolism
- Helps Promote Nitric Oxide Synthesis
- Who would have thought that such an amazing tasting drink could also help burn calories and boost metabolism to support your weight loss goals.
- The Energy Xtreme Lean Blend also helps to keep energy levels soaring, so you can move full speed ahead during your workouts and throughout the day.
- Use with a reduced calorie diet and daily exercise program.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

Angelica S. Vrablic, Ph.D.  
Manager, Nutrition Research

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